

Shri R. L. T. College of Science, Akola
Department of Physical Education

Degree College

Report of Session 2016-2017

Teams Participated in Inter Collegiate Tournaments, Selection Trials & Cultural Activity (Youth Festival). **The following students participated in following events.**

Sr. No.	Name of Students	Class	Sports & Youth Festival
1	Pawar Vishal V.	B.Sc.I	Badminton, Table Tennis
2	Shinde Shubham H.		Badminton
3	Bhogate Kiran R.		Chess
4	Pariyal Dnyaneshwar C.		Chess
5	Rudrakar Ashwini E.		Badminton
6	Mhasaye Abhijit S.		Kabaddi
7	Dongare Akshay D.		Kabaddi
8	Dhore Datta S.		Kabaddi
9	Khendkar Akshay B.		Kabaddi
10	Murtadkar Shyam S.		Kabaddi
11	Chavre Akash D.		Athletics
12	Abdul Kamil A.		Table Tennis
13	Bais Harshal A.		Table Tennis, Youth Festival
14	Damodar Sachin B.		Table Tennis
15	Varma Ghanshyam D.		Table Tennis
16	Pal Neha K.		Table Tennis
17	Bhagat Trupti P.		Table Tennis
18	Tayade Poonam M.		Table Tennis
19	Wadal Prajakta P.		Table Tennis
20	Shegokar Ashwini S.		Judo
21	Deshmukh Prajakta V		Judo
22	Wankhade Bharati K		Judo
23	Dubey Shriya S.		Judo, Boxing
24	Karale Priya M.		Judo
25	Deshmukh Rucha S.		Youth Festival
26	Vishwakarma Ritu R.		Handball, Boxing
27	Kadam Arti P.		Boxing
28	Tayade Apeksha S		Boxing
29	Rakhonde Lalit G.		Boxing
30	Kadam Shubham G.		Boxing
31	Sulkar Vaibhav V.		Best Physique
32	Wane Vaishanvi R.		Base Ball
33	Neware Harshali		Hockey
34	Thakur Suraj D.	B.Sc.II	Badminton, Athletics
35	Lanjudkar Shubham D		Badminton
36	Shaikh Faisal A.		Badminton
37	Kaware Datta S.		Chess

Sr. No.	Name of Students	Class	Sports & Youth Festival
38	Chitran Shivam G,	B.Sc.II	Chess
39	Borchate Kisan N.		Chess
40	Nerkar Tejal D.		Badminton
41	Nalwade Askash D.		Kabaddi
42	Gondchawar Abhijit V.		Kabaddi
43	Ghumare Ashish D.		Athletics
44	Thakare Pritee D.		Youth Festival
45	Deshpande Shraddha S.		Youth Festival
46	Tiwari Baldeo V,		Youth Festival
47	Abdul Danish		Football
48	Ambuskar Nikita G.		Judo , Wrestling
49	Karale Vaibhav K.		Weight Lifting
50	Warke Snehal G		Taekwondo
51	Nage Prashant P		Taekwondo
52	Rathod Vishal D.		Taekwondo
53	Wankhade Shubham B		Taekwondo
54	Ambulkar Nita A.		B.Sc.III
55	Dubey Poonam S.	Badminton	
56	Pawar Milind A.	Kabaddi	
57	Musale Mayur D.	Kabaddi	
58	Khandare Madhuri R	Athletics	
59	Thakare Komal V.	Athletics	
60	Kela Anuj S.	Weight Lifting, Athletics	
61	Ugle Dnyaneshwar A.	Athletics	
62	Mishra Nikita K.	Judo	
63	Sarjekar Kalyani S	Boxing	
64	Yadao Swati D.	Taekwondo, Wrestling	
65	Sirsath Manish S	Taekwondo, Kabaddi	
66	Dande Shubham R.	Basketball	
67	Bhondane Mayur R.	M.Sc.I	Cross country
68	Dubey Jaiprakash J.	M.Sc.II	Chess
69	Lakde Bhagyshri M.	M.Sc.I	Boxing
70	Mandurkar Rashmi	M.Sc.I	Softball
71	Patil Sanket P.	M.Sc.I	Table Tennis.

Players Selected for Selection from Inter Collegiate Tournament

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|-----------------|-----------|
| 1. Tejal Nerkar | Badminton |
| 2. Milind Pawar | Kabaddi |
| 3. Mayur Musale | Kabaddi |
| 4. Datta Kaware | Chess |

Players Selected for Selection Trial from College

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| 1. Vaishanvi Wane | Baseball |
| 2. Ritu Vishwakarma | Handball |
| 3. Abdul Danish | Football |
| 4. Shubham Dande | Basketball |
| 5. Harshali Neware | Hockey |

Achievements

Sr.	Name	Class	Achievement
1	Miss. Tejal Nerkar	B.Sc. II	Colour Coat in Badminton Participated in West Zone Inter University Tournament held at Latur from 24th to 27th October, 2016.
2	Miss. Nikita Ambuskar	B.Sc. II	Colour Coat in Judo Participated in All India Inter University Tournament held at Kurukshetra University, Kurukshetra, Hariyana from 03rd to 06th November, 2016. Colour Coat in Wrestling Participating in All India Inter University held at Choudhary Devi Lal University, Sirsa, Hariyana from 22 nd to 23th February 2017
3	Miss. Nikita Mishra	B.Sc. III	Colour Coat in Judo Participated in All India Inter University Tournament held at Kurukshetra University, Kurukshetra, Hariyana from 03rd to 06th November, 2016.
4	Miss. Ritu Vishwakarma	B.Sc. I	Colour Coat in Handball Participated in West Zone Inter University Handball Tournament held at The IIS University, Jaipur, Rajasthan from 22nd to 26th October, 2016. Bronze Medal in Boxing in Inter Collegiate Boxing Tournament held at D.C.P.E. Amravati.
5	Miss. Vaishanvi Wane	B.Sc. I	Colour Coat in Baseball Participated in All India Inter University Baseball Tournament held at Panjab University, Chandigarh from 16th to 20th November, 2016.

Sr.	Name	Class	Achievement
6	Mr. Anuj Kela	B.Sc. III	Colour Coat in Weight Lifting Participating in All India Inter University Weight Lifting Tournament held at Panjab University, Chandigarh from 7 th to 9 th February 2017.
7	Mr. Vaibhav Karale	B.Sc.I	
8	Miss. Swati Yadav	B.Sc.III	Colour Coat in Taekwondo Participating in All India Inter University held at Maharshi Dayanand University, Rohtak. From 15 th to 17 th March 2017
9	Ms. Shriya Dubey	B.Sc. II	Silver Medal in Boxing & Judo in Inter Collegiate Tournament held at D.C.P.E. Amravati.
10	Ms. Priya Karale	B.Sc.I	Bronze Medal in Boxing in Inter Collegiate Boxing Tournament held at D.C.P.E. Amravati.
11	Mr. Lalit Rakhonde	B.Sc.I	
12	Mr. Shubham Kadam	B.Sc.I	
13	Mr. Datta Kaware (Points 6)	B.Sc.II	Selected for University Chess Selection Trial from Inter Collegiate Chess Zone Tournament held at S.S.G.M.C. Shegaon.
14	Miss. Bharati Wankhade	B.Sc.I	Bronze Medal in Judo in Inter Collegiate Boxing Tournament held at D.C.P.E. Amravati.
15	Miss. Prajakta Deshmukh	B.Sc.II	
Best Sports Women			
14	Special Achievement: Miss. Nikita Ganesh Ambuskar,	B.Sc. II	Participated in National Selection Trial for World University Wrestling Games June, 2016 at Rohtak, Hariyana.

International Yoga Day

International Yoga day was celebrated on 21st June 2016. All students and staff members attended this programme.

National Sports Day

National Sports Day was celebrated on 29th August 2016. Students were participated in Chess, Badminton, Table Tennis, Skipping Rope & Suryanamaskar events. Friendly matches of Kabaddi were decently organised. Aim of this Sports Day was to motivated students in Sports Activities.

University Level Inter Collegiate Table Tennis Tournament

S.G.B. Amravati University's Inter Collegiate Table Tennis Tournament (Men) was organized on 13th & 14th October 2016. In this championship 62 Men participants of 15 colleges were participated.

Medical Examination

Medical Examination 2016-2017 was conducted in the month of December 2016. **379 Women & 156 Men** have attended this examination.

Physical Efficiency Test

The Physical efficiency Test was conducted in the month of February 2017. **120** Students from B.Sc.I & II participated in this test. Result of this test is as follows.

	A Grade Certificates	B Grade Certificates
For Men	03	02
For Women	07	80

Sports Adventure Tour

This tour was visited Salbardi, Madhya Pradesh & Morshi Garden, Morshi on 17th March 2017. In this tour 48 students of college & staff members participated.

Extension work & Community Development –

Physical Fitness Centre & Coaching in Judo, Wrestling, Boxing
Inter School Tournaments

Event	District Level	Division Level	State Level	National Level
Wrestling	04	02	--	---
Judo	01	01	01	--
Total	05	03	01	--

Inter Collegiate Tournaments of S.G.B. Amravati University, Amravati

Event	No. of Participants	Position		
		I	II	III
Wrestling	06	02	01	--
Judo	07	02	01	01
Total	13	04	02	01

University Colour Coats

Wrestling - 1. Miss. Priyanka Gawali 2. Miss. Kanchan Wagh

Judo- 1. Miss. Priyanka 2. Mr. Parmeshwar Yamgawali

1. Miss. Nalanda Damodar, School State Judo Tournament participated.

We give Physical Fitness Training and Coaching for above games to the players of different schools & colleges without any fees. Regularity, Discipline, Hard work & Progress in Study is our fees. Aim and Objectives of our Physical Fitness Training centre is to develop physical fitness of young generation and provided job opportunity through sports certificate for needy and poor people of society.

Self Defense Academy (Innovative Practice)

Karate is an ancient art of self-defense. The history of Karate is full of uncertainty and mythology. Karate as a tool for self-improvement it may be practiced nearly anywhere, anytime, and by almost anyone, specially its code of conduct.

Now a day's Karate is recognized as sports. In modern era women's are facing so many problems in society and also have golden opportunities in discipline jobs. Karate is most useful for women's to develop their physical fitness and self-defence techniques. For the karate player physical fitness is must. So that the karate training include stretching exercise, running, warm up, punching, kicking, blocking , breaking technique and real combat. This hard training develops muscular power, stamina, endurance, flexibility, agility of strength of player.

There are so many self-defense techniques in karate. These self-defense techniques are not based on height, weight, age and situation; this is most useful for women to use these self-defense techniques in any exceptional condition as well as to get Physical Fitness related jobs like Army, Air Force, Navy, Police etc. for which physical fitness is compulsory and basic requirement. Aim of this activity is to develop self defense skill with physical fitness among the students specially for girls.

Sports Committee Members

1. Mr. R. D. Chandrawanshi Chairman
2. Dr. R.L. Rahatgaonkar Member
3. Prof. V.N. Badgujar Member
4. Prof. S.B. Tadam Member